

The season of suffering for some

It's that time of year again when people shudder at the thought of winter around the corner but for the estimated five million Canadians who suffer from eczema there is more to fear than just the cold.

With the dry weather also comes suffering for those with mild to severe cases of the painful skin condition, according to Eczema Society of Canada Executive Director Amanda Cresswell-Melville.

"For some sufferers, their mild condition consists of dry, itchy skin. For others with moderate to severe eczema, it can mean constant itching and pain, and it can impact every aspect of life."

For people living with eczema there are many psychological challenges that go beyond the physical ones.

"Support is important because the psychological burden can be as great as the physical but we want people to know there is help."

That's why Eczema Society of Canada is



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hosting its fifth annual "Life with Eczema" events in Edmonton and Calgary for Eczema Awareness Month, with topics including hand eczema, treatments and tips from experts.

"The events are an opportunity for eczema sufferers and caregivers to learn about what's new in eczema and hand eczema treatment, and where they can get support for living with eczema."

The free events will be held in Edmonton on November 17 and Calgary on November 19 and the first 100 people to register in each city will receive a free Eucerin skin care gift bag. For more information please eczema-help.ca.