



MARCH



APRIL



MAY

**ARE YOU CONSTANTLY WRITING
REPEAT SCRIPTS FOR YOUR CHRONIC
HAND ECZEMA PATIENTS?**

HOW TO IDENTIFY CHRONIC HAND ECZEMA (CHE)

- Hand eczema lasting at least 3 months, and/or
- Patient has suffered at least 2 relapses in a calendar year

WHEN DOES MODERATE CHE BECOME SEVERE CHE?

- No improvement in symptoms when treated with topical corticosteroids (TCS)
- Patient has suffered a relapse after 2–8 weeks of treatment

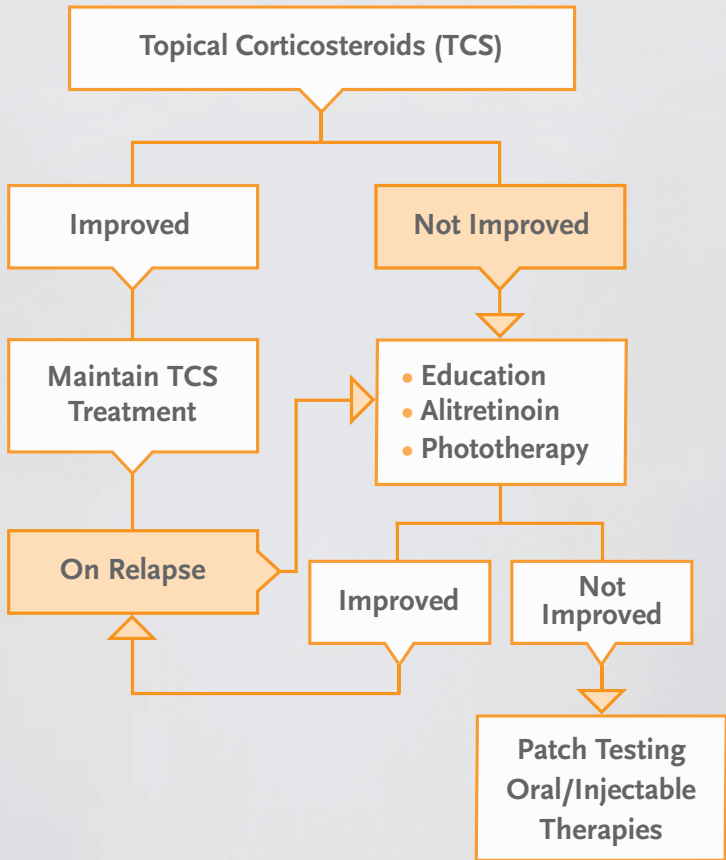
HOW TO TREAT SEVERE CHE

- Potent or super-potent topical corticosteroids for 4–8 weeks (no longer than 2 weeks if super-potent TCS)
- Alitretinoin
- Phototherapy

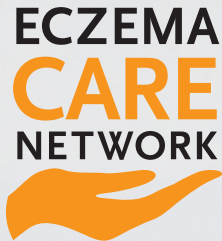
*If CHE **still** does not clear, a dermatologist may also recommend:*

- *Patch testing or skin sampling to investigate the cause*
- *Oral or injectable therapies*

CANADIAN HAND ECZEMA MANAGEMENT GUIDELINES



If your patient does not improve or relapses on TCS, consider other treatment options or refer your patient to a dermatologist.



The Eczema Care Network is *the* place to easily find Dermatologists and Specialists who are accepting new patients.

You can search our growing list of Canadian physicians who are committed to making a difference in the lives of those living with severe chronic hand eczema at www.eczemahelp.ca

The Eczema Care Network is hosted by the Eczema Society of Canada and is supported by an unrestricted grant from Actelion Pharmaceuticals Canada Inc.



www.eczemahelp.ca