

CHOOSING MOISTURIZERS & CLEANSERS FOR ECZEMA



The ESC Seal of Acceptance products undergo rigorous review, are considered suitable choices for people with eczema, and are free from common irritants.

ESC Seal of Acceptance Products:

MOISTURIZERS

A-DERMA EXOMEGA Control Emollient Balm
Aveeno Baby® Eczema Care Moisturizing Cream
Aveeno Baby® Eczema Care Nighttime Balm
Aveeno® Eczema Care Hand Cream
Aveeno® Eczema Care Itch Relief Balm
Aveeno® Eczema Care Moisturizing Cream
Avene® Xeracalm A.D. Lipid-Replenishing Balm
Baby Dove Lotion Sensitive Moisture - Fragrance Free
Bioderma Atoderm Intensive Baume
CeraVe® Moisturizing Cream
Cetaphil® PRO RESTORADERM Eczema Soothing Moisturizer
Dermakalm Eczema Cream
Dermakalm Eczema Cream for Infants and Children
Dermakalm Hand and Contact Eczema Cream
Eucerin® Eczema Relief Body Creme
Eucerin® Eczema Relief Flare-Up Treatment
Glaxal Base® Moisturizing Cream
GlysoMed® Eczema Control™
Gold Bond® Ultimate Eczema Relief Skin Protectant Cream
Gold Bond® Ultimate Eczema Relief Skin Protectant Lotion
La Roche Posay® Lipikar Baume AP+
POLYSPORIN® Eczema Essentials® Flare-Up Relief Cream
Spectro® Intense Rehydration Moisturizer
Spectro® Kids™ Intense Rehydration Moisturizer
Vaseline® Advanced Repair Lotion – Unscented
Vaseline® Problem Therapy Cream

ESC Seal of Acceptance Products:

SPRAYS

Bioderma Atoderm SOS Spray - Anti-itch

CLEANSERS

Aveeno Baby® Eczema Care Body Wash
Aveeno® Eczema Care Body Wash
Baby Dove Sensitive Moisture Bar - Unscented
Baby Dove Tip to Toe Wash Sensitive Moisture -
Fragrance Free
Cetaphil® PRO RESTORADERM Nourishing Body Wash
Spectro® Kids™ Moisturizing Body Wash

SHAMPOOS

DUCRAY® sensinol shampoo

DISPOSABLE WIPES

Baby Dove Wipes Sensitive Moisture - Fragrance Free

OVER-THE-COUNTER DRUGS

Gold Bond® Ultimate 1% Hydrocortisone Eczema Relief
Cream Intensive Formula
POLYSPORIN® Eczema Essentials® 1% Hydrocortisone

MOISTURIZING TIPS

- Apply your moisturizer after every bath, shower, or contact with water, such as hand washing.
- Apply your moisturizer at least twice daily, or as directed by your physician.
- Apply moisturizer in gentle strokes in the same direction as hair growth.
- Use a gentle cleanser formulated for eczema.
- There is no need to scrub your skin, or wash your entire body with cleanser at every bath or shower. Use the cleanser only on areas that need cleansing, such as the arm pits, groin and backside area.
- Try storing some moisturizer in the refrigerator for a cooling application during a flare up.
- Dry skin is itchy skin! Keeping well moisturized will reduce itch, which will reduce scratching, which in turn helps prevent additional inflammation.

FOR MORE INFORMATION CONTACT ESC AT:

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