

# ESC SEAL OF ACCEPTANCE PRODUCTS



## ESC Seal of Acceptance

products undergo rigorous review, are free from common irritants, and are considered suitable choices for people with eczema.

All products listed are hyperlinked to their manufacturer's website. Links are accurate as of August 2020.

## ESC Seal of Acceptance Products:

### PERSONAL CARE PRODUCTS

#### MOISTURIZERS

[A-DERMA EXOMEGA Control Emollient Balm](#)  
[Aveeno Baby® Eczema Care Moisturizing Cream](#)  
[Aveeno Baby® Eczema Care Nighttime Balm](#)  
[Aveeno® Eczema Care Hand Cream](#)  
[Aveeno® Eczema Care Itch Relief Balm](#)  
[Aveeno® Eczema Care Moisturizing Cream](#)  
[Aveeno® Xeracalm A.D. Lipid-Replenishing Balm](#)  
[Baby Dove Lotion Sensitive Moisture – Fragrance Free](#)  
[Bioderma Atoderm Intensive Baume](#)  
[CeraVe® Moisturizing Cream](#)  
[Cetaphil® Baby Eczema Calming Moisturizer](#)  
[Cetaphil® PRO RESTORADERM Eczema Soothing Moisturizer](#)  
[Dermakalm Eczema Cream](#)  
[Dermakalm Eczema Cream for Infants and Children](#)  
[Dermakalm Hand and Contact Eczema Cream](#)  
[Eucerin® Eczema Relief Body Creme](#)  
[Eucerin® Eczema Relief Flare-Up Treatment](#)  
[Glaxal Base® Moisturizing Cream](#)  
[Glysomed® Eczema Control™](#)  
[Gold Bond® Ultimate Eczema Relief Skin Protectant Cream](#)  
[Gold Bond® Ultimate Eczema Relief Skin Protectant Lotion](#)  
[La Roche Posay® Lipikar Baume AP+](#)  
[O'Keeffe's® Itch Relief Body Cream](#)  
[Polysporin® Eczema Essentials® Flare-Up Relief Cream](#)  
[Spectro® Intense Rehydration Moisturizer](#)  
[Spectro® Kids™ Intense Rehydration Moisturizer](#)  
[Vaseline® Problem Therapy Cream](#)

#### SPRAYS

[Bioderma Atoderm SOS Spray – Anti-itch](#)

#### CLEANSERS

[Aveeno Baby® Eczema Care Body Wash](#)  
[Aveeno® Eczema Care Body Wash](#)  
[Baby Dove Sensitive Moisture Bar – Unscented](#)  
[Baby Dove Tip to Toe Wash Sensitive Moisture – Fragrance Free](#)  
[Cetaphil® Baby Calming Wash](#)  
[Cetaphil® PRO RESTORADERM Nourishing Body Wash](#)

#### SHAMPOOS

[Ducray Sensinol Physio-Protective Shampoo](#)

#### DISPOSABLE WIPES

[Baby Dove Wipes Sensitive Moisture – Fragrance Free](#)

#### OVER-THE-COUNTER DRUGS

[Gold Bond® Eczema Relief 1% Hydrocortisone Cream](#)  
[Polysporin® Eczema Essentials® 1% Hydrocortisone](#)

### LAUNDRY CARE PRODUCTS

#### FABRIC SOFTENERS

[Snuggle® Free & Soft™ Liquid Fabric Softener](#)  
[Downy® Free & Gentle™ Liquid Fabric Conditioner](#)

#### LAUNDRY DETERGENTS

[Tide® Free & Gentle™ Liquid Laundry Detergent](#)  
[Tide® PODS™ Free & Gentle™ Laundry Detergent](#)  
[Tide® + Downy® Free & Gentle™ Liquid Laundry Detergent](#)  
[Tide® + Downy® PODS™ Free & Gentle™ Laundry Detergent](#)

## TIPS

- Moisturizer is typically applied after every bath, shower, or contact with water (such as hand washing) but you should moisturize as directed by your physician.
- Apply moisturizer in gentle strokes in the same direction as hair growth.
- There is no need to scrub your skin, or wash your entire body with cleanser at every bath or shower. Use the cleanser only on areas that need cleansing, such as the arm pits, groin and backside area.
- Dry skin is itchy skin! Keeping well moisturized will reduce itch, which will reduce scratching, which in turn helps prevent additional inflammation.

**Always look for the Seal of Acceptance:** Products that are identified as 'Accepted' have undergone a formal scientific review, are formulated with ingredients and/or concentrations that have been found to be generally suitable for use with sensitive skin and have officially earned our Seal of Acceptance. For more information, please see our Seal of Acceptance Disclaimers Statement. Information contained on our website or in our materials should not be taken as medical advice. Speak with your doctor if you have any concerns related to your eczema management.

## Seal of Acceptance Disclaimers:

Seal of Acceptance products, including personal care products and laundry care products, may contain potential irritants at concentration levels thought to be insignificant for most individuals. Some people with eczema may still find they do not tolerate certain products or certain ingredients. Rarely, some individuals will have an allergy to specific ingredients that are well tolerated by others. ESC recommends individuals seek advice on product selection from their health care provider. The Eczema Society of Canada's (ESC) Seal of Acceptance does not constitute medical advice and relies upon available scientific evidence at the time of issuance of the Seal of Acceptance.

**Skin Care Products** – ESC recommends that individuals patch test any new product on a small area of skin, before applying it to a large area of skin. Should irritation occur, do not use the product and see your health care professional. Note that cleansers should never be left on the skin.

**Over the Counter (OTC) Drugs** – ESC reminds consumers that all drugs, including OTC drugs, have risks and potential side effects. Consumers are reminded to read and follow the instructions and consult with their health care provider before using any medication and if their skin is worsening.

**Laundry Care Products** – Laundry products that have earned our Seal of Acceptance are formulated for sensitive skin; however some people may have an allergy or sensitivities to specific ingredients that are well tolerated by others. Individuals are advised to speak with their health care provider about any concerns related to clothing, fabrics, and laundry care. Should irritation occur, do not use the product and seek medical advice.

**FOR MORE INFORMATION CONTACT ESC AT:**  
info@eczemahelp.ca | 1-855-ECZEMA-1  
[www.eczemahelp.ca](http://www.eczemahelp.ca)