The impact of
hand eczema

Hand eczema, or hand dermatitis, describes any type of eczema that develops on the hands. It is often job-related and can be worsened by frequent hand washing and chemical exposure. Hand eczema may also be part of atopic dermatitis or occur alongside eczema on other parts of the body. The condition can cause itchy, dry, scaly skin that cracks and flakes. Hand eczema may require specific testing and treatment. It can be mild, moderate, or severe, and in more severe cases, it can be extremely painful. The impact on quality of life can be profound. If you are suffering with hand eczema, a dermatologist can help.

Hand eczema can be debilitating, and patients suffering with hand eczema still have unmet treatment needs. Patients need access to new therapies and deserve relief from this condition.

About hand eczema:

- Hand eczema can appear rough, red or discoloured skin that can crack, bleed, and thicken.
- Hand eczema can be itchy and painful.
- The condition can make daily tasks, like household chores, buttoning clothes, or even self-care, difficult and painful.
- Hand eczema is common among health care workers, hairdressers, mechanics, and florists – jobs that involve frequent hand use or handwashing.

Living with hand eczema

"I get embarrassed about my hand eczema in public. It's hard to see my skin swollen, red, and dry."

"I suffered with hand eczema after a contact allergen exposure. My hand eczema started with a terrible burning, and eventually, the skin on my hands became very thick."

"The constant itching is unbearable. I felt trapped in my own skin."

About Eczema Society of Canada

Eczema Society of Canada (ESC) is dedicated to meeting the needs of those suffering with eczema through support, education, raising awareness, advocating for patients, and ongoing research activities.

To learn more or to contact us, visit eczemahelp.ca

This hand eczema educational content was developed with funding support by LEO Pharma Inc.

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