

# The Burden of Eczema for Children

## Caregiver Survey Results 2025

### Introduction

In 2025 Eczema Society of Canada (ESC) conducted a survey of Canadian caregivers to better understand how eczema (atopic dermatitis) impacts the lives of Canadian children and their caregivers. This report details data from 77 caregiver respondents across Canada who self-identified as adults caring for a child between the ages of 0-17 years who has been diagnosed with eczema (atopic dermatitis) by a health care provider.



**17%** of respondents identified the child as having **mild eczema**



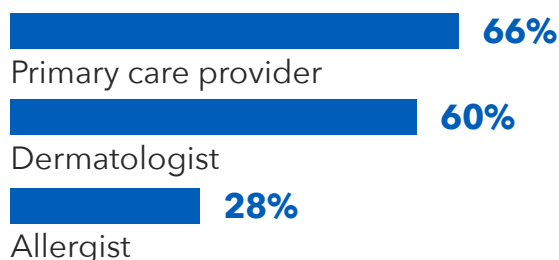
**54%** of respondents identified the child as having **moderate eczema**



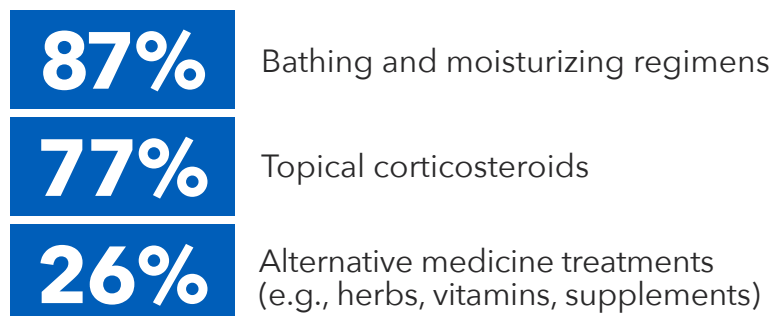
**29%** of respondents identified the child as having **severe eczema**

### Survey Results Snapshot

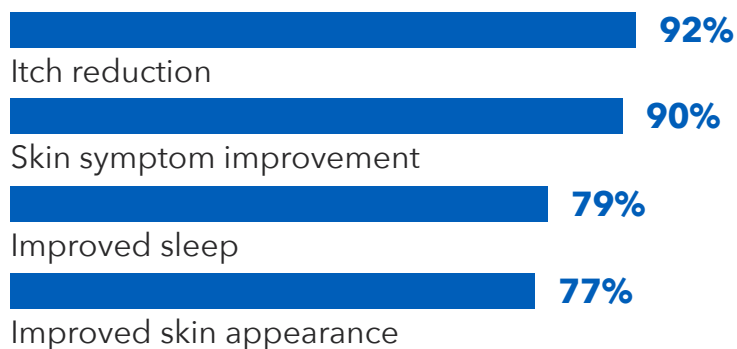
#### Who is treating the child's eczema?



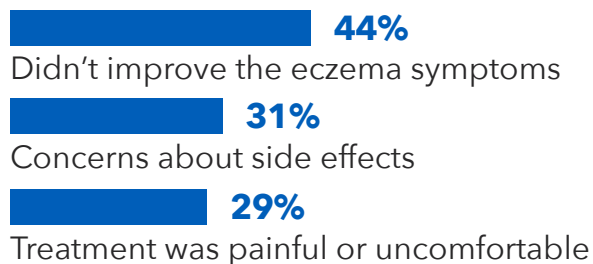
#### How are caregivers managing the child's eczema?



#### What are the top goals of eczema treatment?



## Why do caregivers stop the child's treatment?



**75%** of respondents reported that the child's current treatment improved or significantly improved the child's quality of life.

Of those who reported the child's eczema is well or very well managed, **90%** reported the child's current treatment improved or significantly improved the child's quality of life.

**77%** of respondents reported that the child's current treatment improved their own quality of life.

Of those who reported the child's eczema is well or very well-managed, **100%** reported that the child's current treatment improved or significantly improved their own quality of life.

## Shared Decision-Making

Effective communication between patients, caregivers, and health care providers (HCP) is recognized as an important part of shared decision-making. The survey findings indicated that caregivers want to be included in the child's treatment conversations to better understand side effects and risk of treatments.

**20%** reported that the child's HCP rarely or never asks for their input when discussing the child's eczema treatment options.

**72%** reported they agree or strongly agree that they would like the child's HCP to ask for their input when discussing the child's eczema treatment plan.

**20%** reported that the child's HCP rarely or never discusses the risks and benefits of treatments with them when prescribing a treatment.

**89%** reported they agree or strongly agree that their HCP discusses the risks and benefits of treatments with them when prescribing a treatment.



**Eczema Society of Canada**

We're here to help.  
[eczemahelp.ca](https://eczemahelp.ca)

